



MONEY MINDSET

Feb 2023



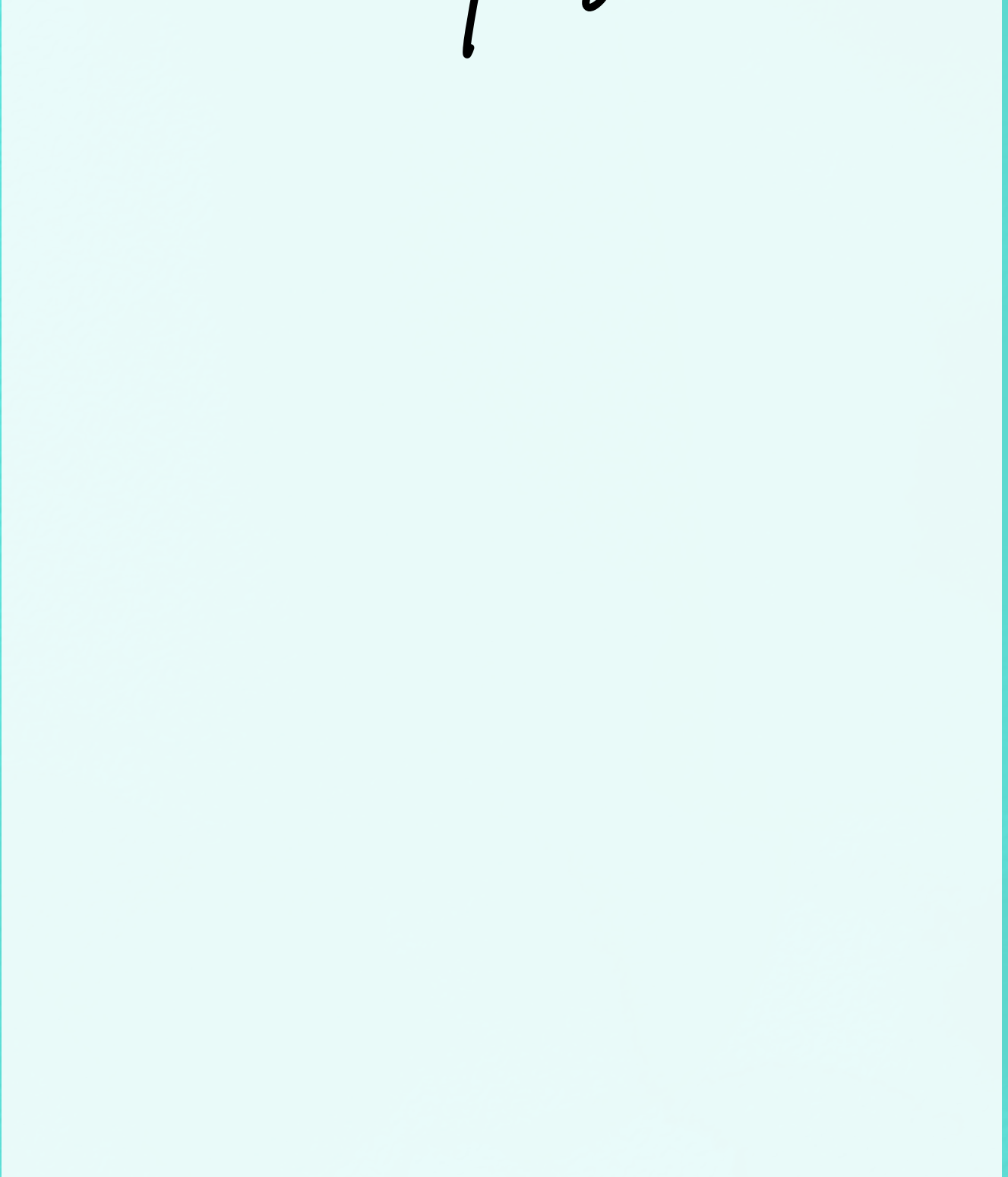


Your doubts

What is keeping you from asking for money?



notes





The source

**WHAT HAVE YOUR PARENTS
TAUGHT YOU ABOUT MONEY?**

WRITE DOWN 3 THINGS YOUR MUM TAUGHT YOU

WRITE DOWN 3 THINGS YOUR DAD TAUGHT YOU

WRITE DOWN YOUR EARLIEST MONEY MEMORY

**WRITE DOWN YOUR MOST PAINFUL & MOST JOYFUL
MEMORY OF MONEY**



The source

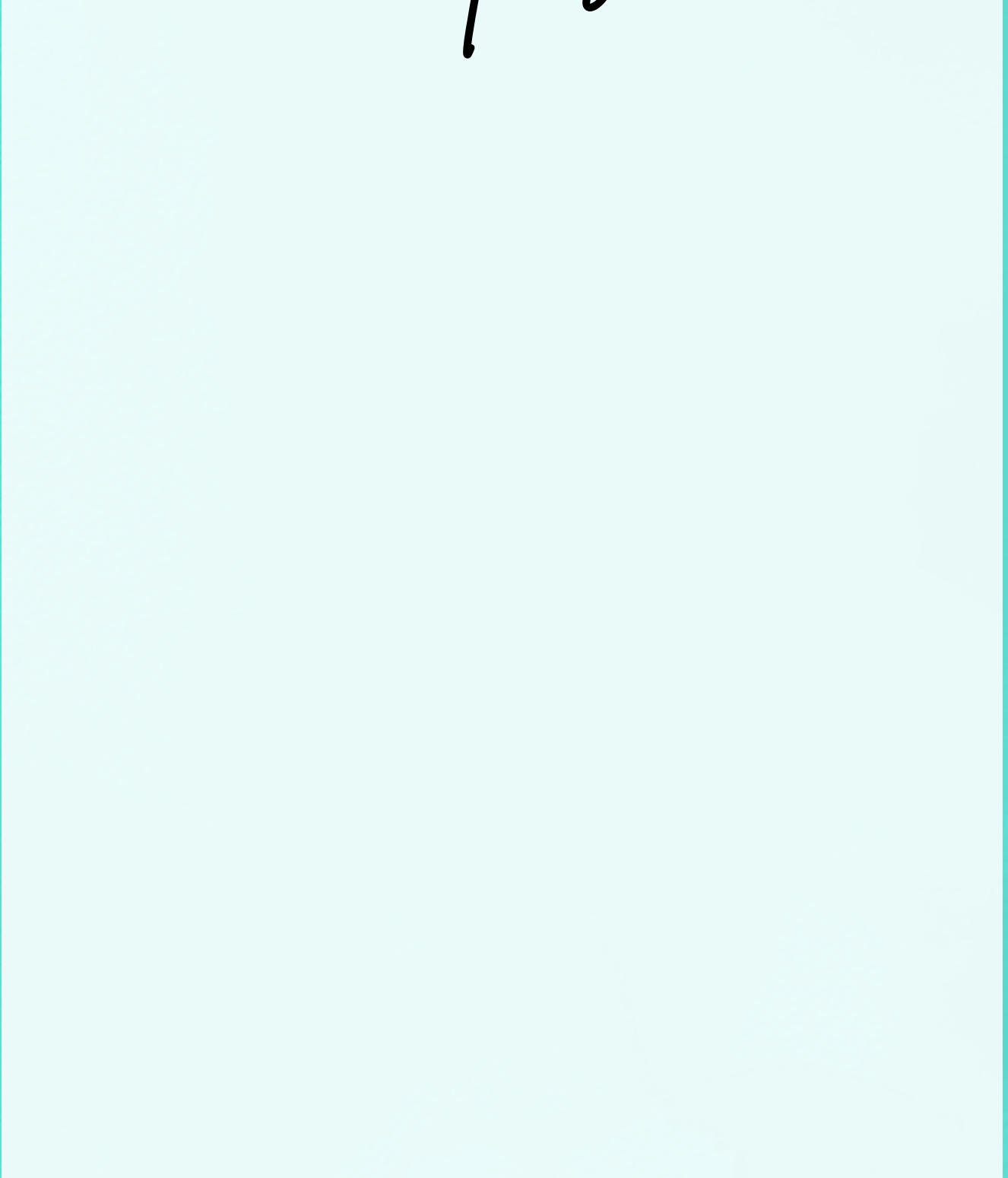
**WHAT HAVE YOUR PARENTS
TAUGHT YOU ABOUT MONEY?**

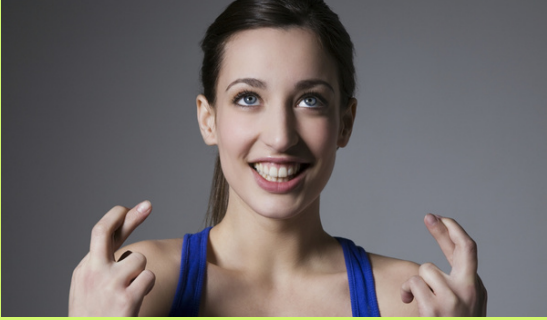
DID THIS HURT YOU OR HELP YOU?

**HOW CAN YOU CHANGE YOUR MEMORIES TO
SERVE YOU BETTER?**



notes





What will
happen?

1

What is the worst that can happen if you ask for money?

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2

Why would people not pay?

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.....

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3

What will happen if you don't ask for money?

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.....

.....

4

What is the BEST case scenario when asking for money?

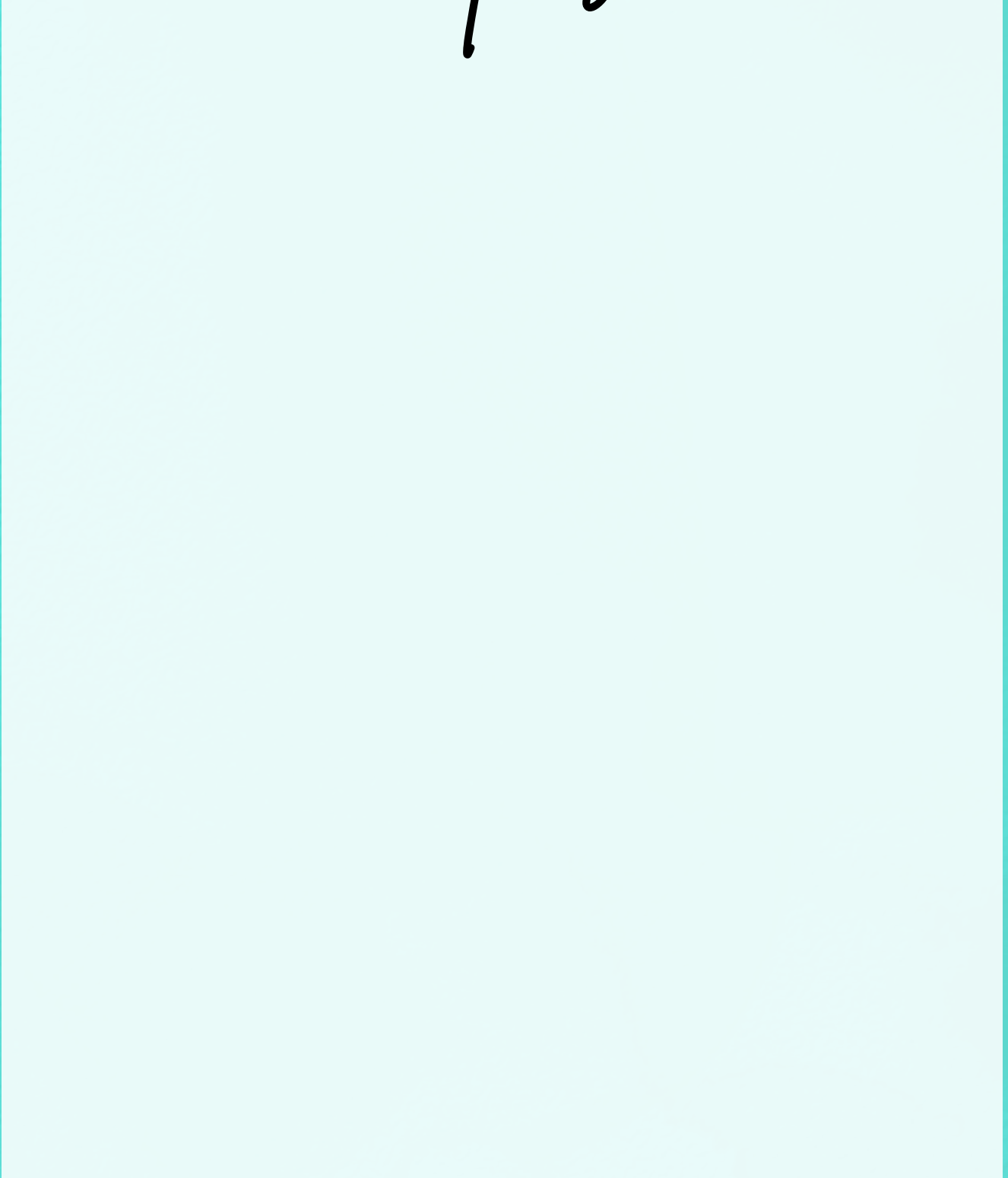
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notes



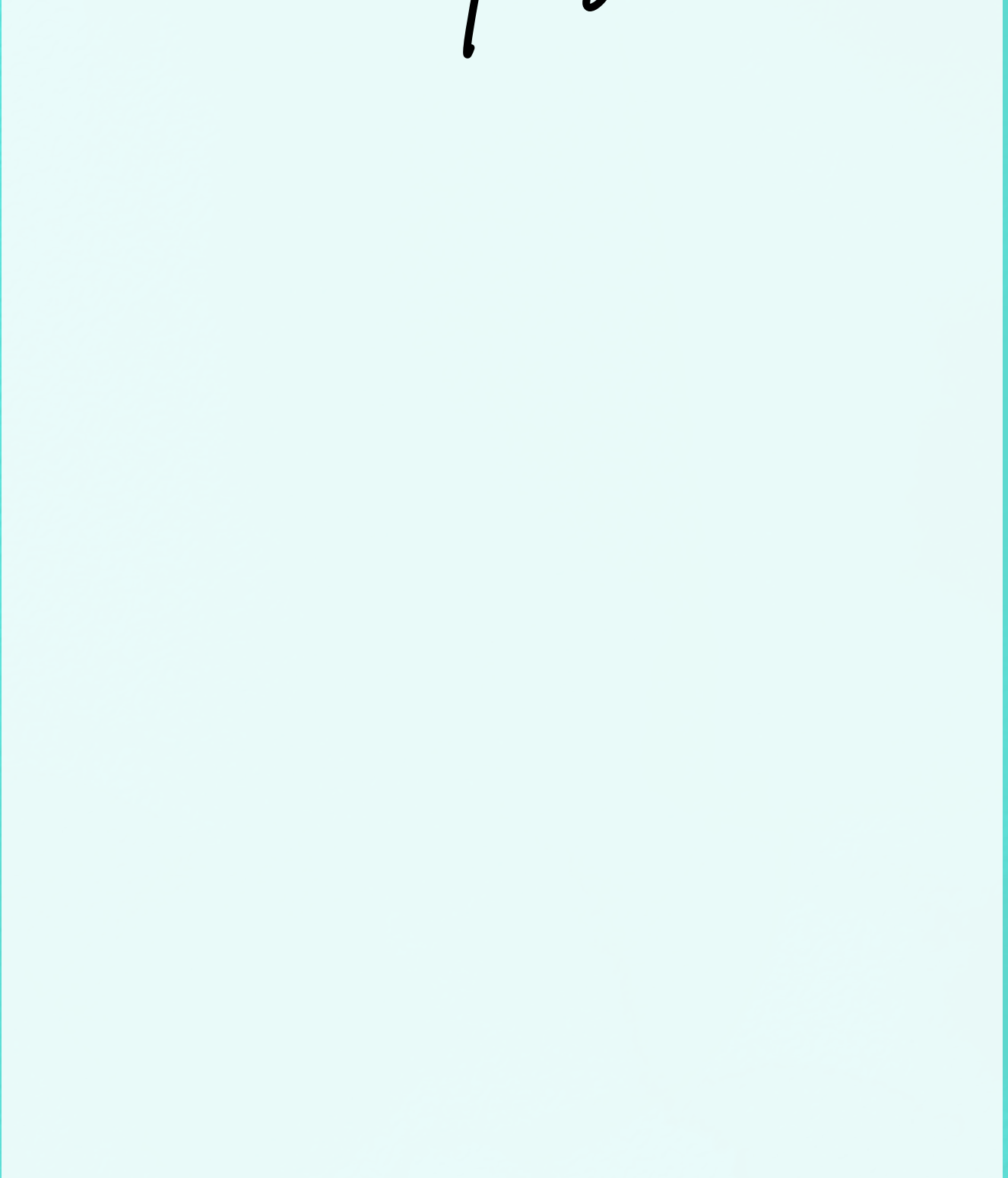


Spending money

What do people and you spend money on and why?



notes





Your benefits

YOUR 3 MAIN BENEFITS

BENEFIT 1

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BENEFIT 2

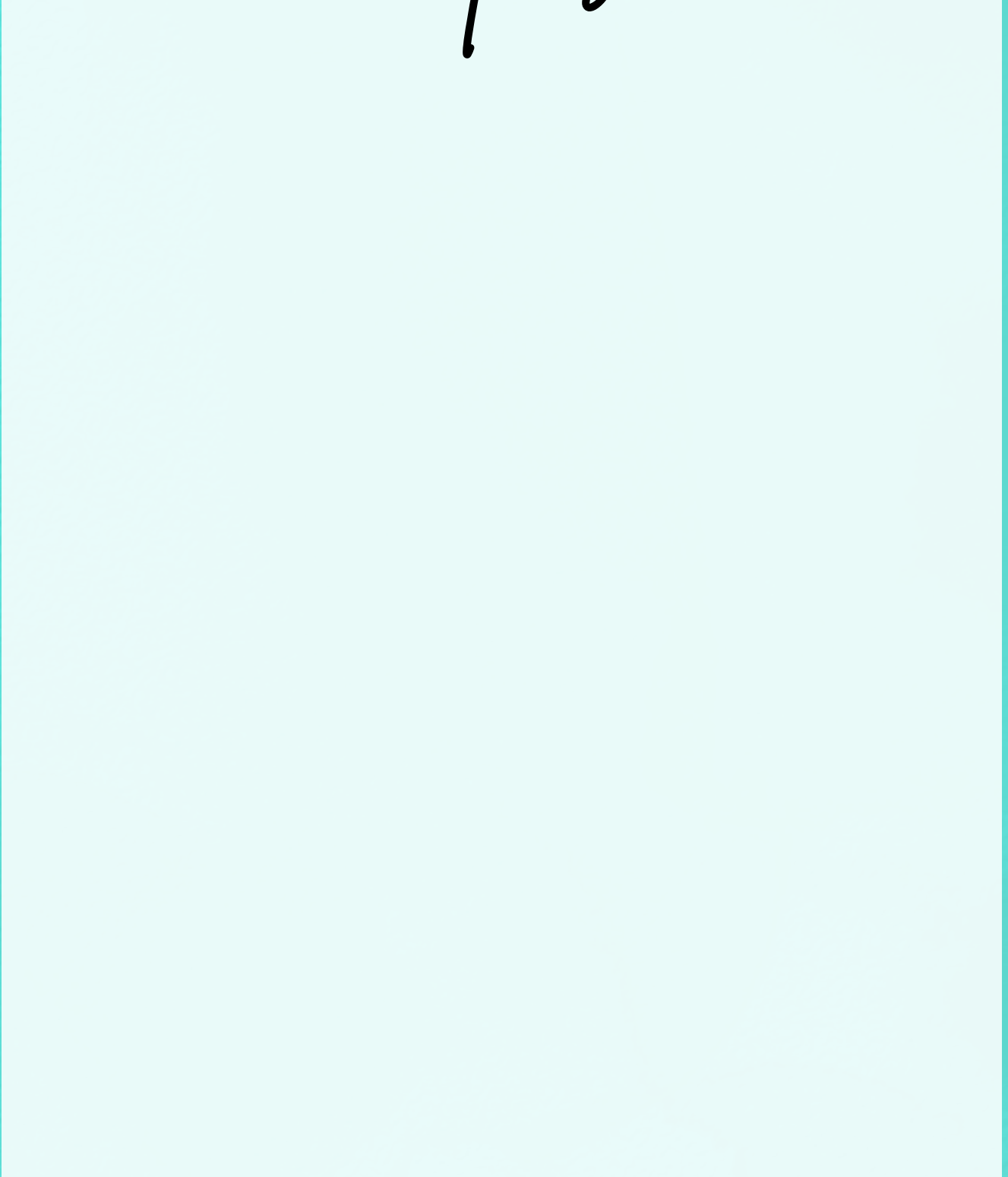
Blank area for describing Benefit 2.

BENEFIT 3

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notes





More benefits

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notes

